

# Coach and Client Commitment Contract

David Gray Wright

ABN: 51 945 747 846

Client: \_\_\_\_\_

Coach: \_\_\_\_\_

Per Session Fee: \_\_\_\_\_ Number of sessions \_\_\_\_\_

Start Date: \_\_\_\_\_

## Commitments

1. For a period of 4 months from Start date above; for a fee of \$AUS\_\_\_\_\_.00, the Client will have the services of the coach for \_\_\_\_ coaching session(s) and unlimited email support.
2. Cancellation of sessions can only be made 24 hours prior to session. Cancellations made within the 24 hours will result in the deduction of one outstanding coaching session.
3. Commitment is only valid after fee stated in commitment 1 has cleared into bank account of business entity "**David Gray Wright**".
4. Refund will be allowed at any time. Refund amount will be determined by outstanding sessions minus \$AUS\_\_\_\_\_.00 refund fee.
5. Client is to call coach within allocated time frame. The time frame is fixed and late calls do not extend the time frame. This is at discretion of the coach as other clients may be waiting.
6. The conversation is a coaching conversation and as such the coach can interrupt and ask for clarity. Likewise the coach will accept feedback from the client if the coach has not stayed true to mission statement and values.
7. A session once started can not be refunded. This is at discretion of coach.
8. Coach and client to be mindful that the client's success is the coach's success.

Client Signature: \_\_\_\_\_

Coach Signature: \_\_\_\_\_

Date: \_\_\_\_\_

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9. The coach has the interests of the client ahead of their own and will refrain from telling client what should be done.
10. Conversation must be open and honest at all times. This is the only way the coach can assist client 100%.
11. Throughout the coaching session the client should be aware that issues may come up. Feel free to discuss this with the coach or just take a note to deal with it later or in another session.
12. When making the call client and coach must be 100% present. Make sure you have 100% free time and you are in a relaxed space and that there will be no interruptions during the session. Have water, pen and paper ready.
13. Deviation from initial goal\desired outcome may occur. It is up to the client to “stay on track”. Deviation may result in the same outcome as staying “on topic”. Coach will lead conversation where coach believes most suitable outcome will be.
14. Coaching session will be *45 minutes* in duration. The result of the coaching session may not be apparent for days or even weeks. It may even take two sessions. Do not expect 100% clarity at end of session. Let the session sink in over time without judgement or criticism. The coach may be attempting to shake or question client’s current beliefs.
15. Think of at least 2 to 5 topics to discuss prior to the session. Also decide what the desired outcome will be or what will make each topic successful to achieve or overcome.
16. Pricing is applicable to client only (it varies per client) and shall not be disclosed to other potential clients of the coach.
17. Client will be asked by coach to recommend their coaching services.
18. Client will be asked for written or verbal recommendation (quotable comment) for marketing purposes of the coach.
19. The coach recognizes that anything the client shares with the coach is regarded as confidential, whether it is business or personal information. The coach undertakes not to disclose any information the client shares in a session either directly or indirectly.
20. Coaching is not in anyway psychological counseling or any type of therapy. Coaching results are not guaranteed. The client enters into the coaching with full understanding that they are responsible

Client Signature: \_\_\_\_\_

Coach Signature: \_\_\_\_\_

Date: \_\_\_\_\_